

The Des Moines Triathlon Club offers great benefits through sponsors of the club. Please consider doing your triathlon shopping with these businesses, who offer our club the following discounts. You should alert the store that you are a Des Moines Triathlon Club member and they will provide the discount at checkout. Member's names are provided to our sponsors to verify discounts, but all other information is kept confidential.

Sponsor	Discount
Action Accents 5601 Douglas Avenue Des Moines, Iowa 50310 515-277-7365 tricia@actionaccents.com	15% discount on all multi-sport apparel and accessories, (Douglas Avenue location); Retail hours are Monday – Friday from 9-5p.m., or athletes may call and order via phone and receive FREE shipping.
The Body Project, Inc. 2609 47th Street Des Moines, Iowa 50310-3131 timives@bodyprojectiowa.com	10% discount on all training packages; USATF-certified Track & Field Coach; full service one-on-one coaching for distance running and personal training.
Fitness Sports 7230 University Avenue Des Moines, Iowa 50311 www.Fitnesssports.com Steve@FitnessSports.com	15% discount off retail price to Club Members at register.
Fresh Café & Market 1721 – 25 th Street, Suite 110 West Des Moines, Iowa 50266	New for 2008 - 10% discount on menu and market items; discounted catering for events/meetings/lunch & learns nutritional cooking demonstrations.
Metro Foot and Ankle 1228 8th Street, Suite 105 West Des Moines, Iowa 50265 KWN.DPM@Prodigy.net	\$50 off custom orthotics and 20% off noncustom orthotics; other discounts also available.
Rasmussen Bike Shop 301 Grand Avenue West Des Moines, Iowa 50265 www.rasmussenbikeshop.com rasmussenbike@mchsi.com	10% discount on bikes and wetsuits; 20% discount on all merchandise and service. Long Time DSMTri sponsor. Cityview Best of Des Moines. Hy-Vee Triathlon Official Bike Shop!
Dr. Chad Carlson Stadia Sports Medicine 6000 University Avenue West Des Moines, Iowa 50266 ccarlson@stadiasportsmedicine.com	1. 10% discount off our cash-based evaluative services: <ol style="list-style-type: none"> a. Anaerobic threshold testing/VO2 max testing, on either treadmill or bike. Testing both bike and treadmill results in a 20% discount. b. 10% off resting metabolic rate measurement. c. Up to \$20 off initial co-pay for our sports physician injury evaluation services. d. Up to \$20 off initial co-pay for our sports physical therapy services involving ASTYM. We are the only providers of ASTYM in Des Moines, which is an outstanding form of noninvasive treatment for chronic tendonitis, plantar fasciitis, IT band syndrome, etc. e. FootMaxx orthotics (customized orthotics

	based on weightbearing pressure points measured on a computerized force plate). Priced at \$150/pair (considerably less than other vendors offering the same product at \$200 - \$250). High client satisfaction due to product effectiveness and turnaround (usually within 5-6 business days).
Waukee Cycling & Fitness 23 NE Carefree Lane Waukee, Iowa 50263 www.waukeecyclingfitness.com waukeecyclingfitness@msn.com	New for 2008 - 15% off all accessories; 10% off bicycles; Complimentary bike fitting for any bicycle purchase exceeding \$1,700.00.
Work Systems Rehab 516 3 rd Street Des Moines, Iowa 50309 todds@worksystemspc.com	15% discount for Des Moines Tri members for their first visit of the Running Video Analysis, Functional Injury Prevention, and Injury Screening programs.
Zoom Performance www.getzoomperformance.com jenny@getzoomperformance.com	USAT Certified Coaches - 20% discount on all metabolic testing, bike fit, and video analysis services. 20% discount not applicable to coaching packages.

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